

Travelers Must Get Tested Within Three Days Prior to Landing in New York, Quarantine for at Least Three Days Upon Arrival, and Get a Test on Day Four of Arrival

If Travelers Receive a Negative Test On Day Four of Quarantine They May Exit Quarantine When They Receive Negative Result

States that are Contiguous with New York Continue to Be Exempted from Quarantine Protocol — Essential Workers Also Continue to be Exempted

Travelers Who Were Only Out of State for Less Than 24 Hours Do Not Need to Quarantine but Must Get a Test on Day Four of Arrival Back in NY

All Travelers Covered by The Advisory Must Continue to Fill Out Traveler Health Form Upon Arrival Into New York State

Governor Andrew M. Cuomo today announced new guidelines allowing out-of-state travelers to New York to "test out" of the mandatory 14-day quarantine. Travelers from states that are contiguous with New York will continue to be exempt from the travel advisory; however, covered travelers must continue to fill out the [Traveler Health Form](#). Essential workers will continue to be exempt as well. The new protocol is effective Wednesday, November 4.

"The ship of State is sailing well: New York is the third lowest positivity rate in the nation and New Yorkers should be very proud of what they're doing. However, travel has become an issue - the rest of the states pose a threat. We're going to a new plan given the changing facts, and the experts suggest we shift to a testing policy," Governor Cuomo said. "So there will be no quarantine list; there will be one rule that applies across the country. We bent the curve of this virus by following the data and the science, and we are continuing that approach with these new guidelines."

For any traveler to New York State from out of state, exempting the contiguous states, the new guidelines for travelers to test-out of the mandatory 14-day quarantine are below:

- For travelers who were in another state for more than 24 hours:
 - Travelers must obtain a test within three days of departure from that state.
 - The traveler must, upon arrival in New York, quarantine for three days.
 - On day 4 of their quarantine, the traveler must obtain seek another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.
- For travelers who were in another state for less than 24 hours:
 - The traveler does not need a test prior to their departure from the other state, and does not need to quarantine upon arrival in New York State.
 - However, the traveler must fill out the traveler information form upon entry into New York State, and take a COVID diagnostic test 4 days after their arrival in New York.

Local health departments will validate tests, if necessary, and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from, to ensure contact tracing proceeds there as well. All travelers must continue to fill out the traveler information form upon arrival into New York State to contribute to New York State's robust contact tracing program.

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